



Australian
Diabetes
Council

Diabetes Australia – New South Wales
the Australian Diabetes Council

Australian Diabetes Council presents the inaugural

Diabetes Policy conference

1st, 2nd and 3rd December 2010, Crowne Plaza Hotel Darling Harbour

www.informa.com.au/diabetespolicy



Featuring international keynote presentations from renowned experts:

Dr. Stig Pramming, Owner, **Pramming Consult, Denmark** and
Board Member, **Oxford Health Alliance, UK**

Dr. James Levine MD, Endocrinologist, Department of Internal Medicine, **Mayo Clinic, USA**

Wednesday 1ST December 2010

8.30 Registration and coffee

8.50 Welcome and opening remarks from the Chair

Nicola Stokes, Chief Executive Officer, **Australian Diabetes Council**

PRIMARY HEALTHCARE

9.00 Evidence based health strategies for diabetes prevention

- How will the new diabetes care policy in General Practice affect outcomes for:
 - The patient
 - General Practice
- In an already very busy practice will the new policy lead to a better model of care?

Professor Mark Harris, Executive Director, Centre for Primary Health Care and Equity and Professor of General Practice, **The University of NSW**

DIABETES IN THE HOSPITAL

9.30 Assessing the impact of diabetes in the hospital and health system

- Should all patients be screened on admission? What are the benefits and costs?
- What are the gaps in the hospital system for staff education and management of people with diabetes?

Dr. David Chipps, Head of Department of Endocrinology, **Sydney West Area Health Service** and Consultant Endocrinologist, **Western Sydney Diabetes and Endocrine Centre**

10.00 Morning tea

HEALTH WORKFORCE

10.20 PANEL DISCUSSION: Health professional training

- How long will it take to train increasing numbers of health professional staff to meet the needs of an increasing and ageing population?
- How does the skill shortage affect diabetes care, particularly in rural and regional areas?
- Can technology assist?
- How much face to face training needs to be provided?

Moderator: Kristen Hazelwood, Head of Education and Prevention, **Australian Diabetes Council**

Jan Alford, Nurse Unit Manager, Diabetes Centre, **St. Vincents Hospital**

Margaret Burndred, RTO & Learning Centre Manager, **Aged & Community Services Association**

Julie Bligh, Senior Lecturer, Faculty of Nursing, Midwifery and Health, and Course Coordinator – Grad Cert Diabetes Education and Management, **University of Technology Sydney**

FUNDING IN HEALTH

11.10 PANEL DISCUSSION: Is there adequate funding for people with diabetes?

- Are high health costs contributing to poor allocation and misuse of public resources?
- What are the key funding priorities relating to government policy?
- What are the funding arrangements for a comprehensive model of care?
- Will the federal government support investment in the long term benefits of chronic disease prevention strategies, given the three year electoral cycle?
- What is the role of NGOs in healthcare service and delivery?

Moderator: Stephen Crocker, Chief Executive Officer, **Diabetes ACT**

Dr. Henry Cutler, Associate Director (Health Economics), **Access Economics**

Dr. Agnes Walker, ANU Fellow, Australian Centre for Economic Research on Health, **The Australian National University**

Dr. Phillip Clarke, Senior Research Associate (Health Economics), School of Public Health, **The University of Sydney**

12.00 Lunch

POLICY FOR TYPE 2 DIABETES PREVENTION

1.00 PANEL DISCUSSION: Exploring the burden of diabetes complications in the community

- What health complications are associated with diabetes?
- How to identify patients at risk of diabetic health complications
- What are the benefits of early diagnosis of diabetic complications?

Moderator: Anne Wilson, Chief Executive Officer, **Kidney Health Australia**

Dr. Kenneth Ho, Consultant Endocrinologist, **Campbelltown Hospital** and MacArthur High Risk Foot Service, **Ryde Hospital Diabetes Service**

Dr. Bruce King, Paediatric Endocrinologist, **John Hunter Hospital**

Lisa Cockington, Regional Director, Community Health and Primary Health Care Programmes, **Port Pirie Regional Health Service**

1.50 PANEL DISCUSSION: Moving towards a preventative model of care

- What are the strategies aimed towards diabetes prevention?
- Future policy direction:
 - Integrating physical activity and exercise into health care delivery
 - Sport and physical activity in schools
 - Food advertising
 - Smoking in public places

Moderator: Philip Vita, Director, **Sydney Diabetes Prevention Program**

Tony Thirlwell OAM Chief Executive Officer – NSW, **Heart Foundation**

Dr. Erin Lalor, Chief Executive Officer, **National Stroke Foundation**

Professor Maria Fiatarone Singh, John Sutton Chair of Exercise and Sport Science, **The University of Sydney**

2.40 Afternoon tea

BARIATRICS

3.00 PANEL DISCUSSION: Managing obesity and diabetes through the use of bariatric surgery

- What are the short and long term effects of the procedure?
- Should bariatric surgery be subsidised in public hospitals?

Moderator: Dr. Nic Kormas, Endocrinologist & Head, Metabolic Rehabilitation Clinics, **Concord & Camden Hospitals**

Dr. Craig Taylor, Bariatric Surgeon, **Concord Hospital**

Lesley Campbell, Professor of Medicine, **Garvan Institute of Medical Research** and Director of Diabetes Services, **St Vincent's Hospital**

Lamees Kaoutarani, Dietitian, **Australian Diabetes Council**

TECHNOLOGY AND INNOVATION

3.50 The role of technology in diabetes management

- Pumps and sensors
- Closed loop systems
- Bluetooth technologies

Dr. Bruce King, Paediatric Endocrinologist, **John Hunter Hospital**

4.20 PANEL DISCUSSION: Diagnostics – What is the best product for individuals?

Bruce Passingham, Scientific Manager, **Abbott Diabetes Care**

Xavier Laniol, Country Director, **Lifescan Australia**

Stephanie Sewell, Account Manager NSW, **Nipro Australia**

5.00 Closing remarks from the Chair

5.10 Networking session

Thursday 2nd December 2010

8.30 Registration and coffee

8.50 Welcome and opening remarks from the Chair

Neville Howard, President, **Australian Diabetes Council** and Paediatric Endocrinologist, **The Children's Hospital Westmead**

THE DIABETES EPIDEMIC IN AUSTRALIA

9.00 The scale and nature of the obesity and associated diabetes epidemic in Australia

- Changing trends in weight status and diabetes patterns in Australia
- Impact on future health of Australians
- Implications for management and prevention policies

A/Professor Timothy Gill, Principal Research Fellow, Boden Institute of Obesity, Nutrition and Exercise, Faculty of Medicine, **The University of Sydney**

DIABETES AND MENTAL HEALTH

9.30 Metabolic health in mental health patients

- Cognitive impairment and mental illness linked to diabetes
- Intervention to improve mental health outcomes
- Policy regarding diabetes and mental health

A/Professor Roger Chen, Endocrinologist, **Concord Repatriation General Hospital**

SOCIOECONOMIC DISADVANTAGE

10.00 How socioeconomic disadvantage impacts the risk of developing diabetes

- How is socioeconomic status linked to diabetes risk?
- The greater health risk and individual consequences
- The impact of health care expenses and loss of earnings

Professor Mark Daniel, Professor and Research Chair of Social Epidemiology, **University of South Australia**

10.30 Morning tea

GLOBAL POLICY

10.50 INTERNATIONAL KEYNOTE ADDRESS

- What would it take to make real progress on diabetes management?
- Who should be held responsible for prevention of diabetes?

Dr. Stig Pramming, Owner, **Pramming Consult, Denmark** and Board Member, **Oxford Health Alliance, United Kingdom**

11.50 From global to national non-communicable disease policy in a rapidly changing environment

A/Professor Ruth Colagiuri, Director, Health and Sustainability Unit, **Menzies Centre for Health Policy**

12.30 Lunch

NEW DIRECTIONS IN HEALTH REFORM

1.30 E-health as a policy tool to manage CDM and diabetes

Professor Michael Georgeff, CEO, **Precedence Health Care**

EVIDENCE BASED POLICY

2.00 PANEL DISCUSSION: Focusing on evidence based policy

- Towards a collaborative national approach to tackling diabetes
- Identifying the optimal strategies for intervention and prevention
- The role of prevention and intervention models in health policy
- Engaging the public through consumer based prevention programs

Moderator: Michelle Trute, CEO, **Diabetes Australia Queensland**

Dr. David Chipps, Head of Department of Endocrinology, **Sydney West Area Health Service** and Consultant Endocrinologist, **Western Sydney Diabetes and Endocrine Centre**

Dr. Kenneth Ho, Consultant Endocrinologist, **Campbelltown Hospital** and MacArthur High Risk Foot Service, **Ryde Hospital Diabetes Service**

Dr. Danny Beran, Medical Director and CEO, **Eastern Suburbs Medical Service**

A/Professor Margaret Allman-Farinelli, Associate Professor in Nutrition and Dietetics, **The University of Sydney**

2.50 Afternoon tea

CHILDREN AND DIABETES

3.10 Diabetes in the school setting

- What are the issues surrounding diabetes in schools?
- Who has the duty of care in a school setting?
- What training is available to teachers on providing care?

Angie Middlehurst, Manager, Type 1, **Australian Diabetes Council**

3.40 Examining the impact of childhood obesity on the increase of children's Type 2 diabetes

- Increasing prevalence of obesity and diabetes in children
- Childhood as a critical time for growth and development
- Greater risk of insulin sensitivity and diabetic ketoacidosis
- Encouraging healthy habits for prevention of diabetes

OPEN

GESTATIONAL DIABETES

4.10 Assessing the increase of gestational diabetes and issues during pregnancy

- Increasing rates of gestational diabetes and excess weight gain during pregnancy
- What are the maternal risks of developing Type 2 diabetes?
- What are the risks to childhood obesity?
- Healthy weight management and blood glucose monitoring

Dr. Kenneth Ho, Consultant Endocrinologist, **Campbelltown Hospital** and MacArthur High Risk Foot Service, **Ryde Hospital Diabetes Service**

4.40 Closing remarks from the Chair

4.50 End of day

Friday 3rd December 2010

8.30 Registration and coffee

8.50 Welcome and opening remarks from the Chair

Anne Kemp, Chief Executive Officer, **Healthy Living NT** and Stephen Crocker, Chief Executive Officer, **Diabetes ACT**

DIABETES IN THE WORKPLACE

9.00 INTERNATIONAL KEYNOTE: Increasing incidental activity in the workplace

- How important is the workplace for general health and wellbeing?
- What are the implications for Workplace Activity Reform?
- What initiatives should be encouraged and implemented?

Dr. James Levine MD, Endocrinologist in the Department of Internal Medicine, **Mayo Clinic, United States of America**

DIABETES IN AUSTRALIA

10.00 Measuring the economic burden of diabetes

- Increasing costs associated with the prevalence of diabetes
- How does productivity loss impact on the economy?
- Examining the future projections for health expenditure
- Investing in cost-effective interventions
- The future implications for the health system

Professor Stephen Colagiuri, Professor of Metabolic Health, **The University of Sydney**

10.40 Morning tea

MULTICULTURAL HEALTH

11.00 Multicultural policy in NSW

- Closing the gap in diabetes risk of ethnic populations
- Establishing links between these communities and screening services
- What is required in terms of multicultural policy?

Peter Todaro, Director, **NSW Multicultural Health Communication Service Department** and Jacqueline Hony, Project Coordinator, **Sydney Diabetes Prevention Program**

RURAL AND REGIONAL HEALTH

11.30 Providing access to diabetes care in rural and remote areas

- Why is health service delivery a problem in regional and rural area?
- What support services are required?

Dr. Kerry Bowen, Specialist Physician – Diabetes, **Hunter New England Health Service**

12.00 Lunch

DIABETES EDUCATION AND CARE IN A COMMUNITY SETTING

1.00 Implementing the ComDiab Program and the CARDIAB Diabetes Management Program

- A presentation of the ComDiab community based Diabetes Education Program and the computerised CARDIAB Diabetes Management Program

Dr. Warwick Ruscoe, Chief Executive Officer, **The Southern Highlands Division of General Practice**

GENERAL PRACTICE

1.30 Upskilling general practice

- The impact of chronic disease management and the ageing population on general practice systems

Dr. Charlotte Hespe, General Practitioner, **Glebe Family Medical Practice**

E-HEALTH

2.00 IT in healthcare delivery and application towards diabetes management

- What are the pros and cons of IT in healthcare delivery?
- How can attention to patient needs and quality care be maintained?
- What are the issues surrounding privacy of medical records?

Dr. Mohan Karunanithi, Research Team Leader, **The Australian E-Health Research Centre**

2.30 Afternoon tea

PHYSICAL ACTIVITY AND HEALTHY EATING

2.50 CASE STUDY: Beat It Program - Delivering effective programs to educate trainers about high risk diabetes patients

- Expanding the expertise of personal trainers

Bronwyn Penny, Lifestyle Programs Manager and Exercise Physiologist, **Australian Diabetes Council**

3.20 CASE STUDY: Food labelling and Glycemic Carbohydrate

- The importance of food and nutrition labelling
- Glycemic carbohydrate – what's more important: type or amount?
- How does the glycemic index and glycemic load work?
- Which is best for people with diabetes?
- Meal timing
- Dietary recommendations for people with diabetes

Dr. Alan Barclay, Head of research, **Australian Diabetes Council**, Chief Scientific Officer, **Glycemic Index Foundation**

TARGETED STRATEGIES

3.50 PANEL DISCUSSION: Working with the fitness and food industry

- What are the general health benefits of physical activity and diet?
- How important is physical activity and diet for people with Type 2 diabetes?
- What are the key guidelines to encourage good health in people with diabetes?
- What is the role of the food and weight control industries in diabetes prevention?
- What are the legislations on advertising of unhealthy food and beverage?
- How effective is food and nutritional labelling?

Dr. Geoffrey Annison, Deputy Chief Executive, **Australian Food and Grocery Council**

Lauretta Stace, Chief Executive Officer, **Fitness Australia**

Ola Luczak, Dietitian, **Jenny Craig**

Kate Cody, Director of Publishing and Program, **Weight Watchers**

4.40 Closing remarks from the Chair

4.50 End of conference